



Village Voice



Letter from the H.O.A. President

The autumnal equinox symbolizes the beginning of our 2026/27 season. Hello to everyone who has been here, to those just getting back and to those who we will be here soon! May this be the greatest season ever.

It is remarkable that it has been the quietest hurricane season, so far, in more than 50 years. Let's hope and pray that remains true and we finish this season without any severe storms hitting our state.

Let's start off talking about the elephant in the room! The unavailability of the Auditorium for our recreational events because the new AC unit is still not working properly. The old unit quit in February or March and Brian ordered a replacement unit. Given the size and the application, a custom unit was required, and delivery time was 8 to 10 weeks. That was bad enough, but to make matters worse, it arrived, was installed and hasn't worked properly since. It seems crazy me defending Brian after 6 months of not having effective equipment, but he has been doing his best since day one and is as frustrated as we all are over this problem. Alec has threatened legal action against both the vendor and the manufacturer, hopefully that produces results.

Brian is also taking the lead on clubhouse renovations which have already begun. As we outlined on Facebook, the renovations are impressive and we will all be happy with new clubhouse appearance. Brian is sure he can have this done before Thanksgiving and is further committed to providing amenities to mitigate

There are so many things I could address here. Our new Community Manager Paul seems to be getting high marks from residents. The place looks much better, and problems are being resolved quickly and effectively. I want to remind everyone that the best way to communicate with management is via email ccvconcerns@spanishlakes.com. If anyone uses this without response or without satisfaction, they should talk to me, Dot or other HOA board members.

Bob Heslop, SLCCV HOA President

TIME TO FALL BACK AGAIN!



2:00 AM. Sunday,
November 1st

Can it possibly be time to turn the clocks back an hour? Nothing has been codified to keep Daylight Saving Time year round so here we go again. Many of you are groaning at the thought of sunset arriving earlier than you would like, however, have you considered how late sunrise will be? School officials aren't happy with children waiting for school buses in the dark or getting home in the dark either. Maybe Daylight Saving Time should be eliminated!

UPCOMING H.O.A. MEETINGS

September 30, 2026
October 28, 2026
December 9, 2026
January 27, 2027

February 24, 2027
March 31, 2027
April 28, 2027



NHN WELCOME AND NHN LOOKING FOR MORE HELP

VACANT STREETS: Bolero, 181-187 Calle de Lagos; Jose Martin, 62-91 Lagos del Norte, San Felipe, Tosca, Villa Maria, 1-41 Vista Del Laguna and 43-63 Vista Del Laguna.

All or part of these areas can be claimed by you and you do not have to be a Full Time Resident or live on one of these streets.

RESIDENTS: If you are not represented by a Volunteer at this time and you are not able to help out, you can obtain one of the Emergency Forms by looking at the Form Holder on the shelf between the restrooms in the Lobby of the Clubhouse where you will find blank Emergency Forms. Just fill out and hand to a staff member at the front desk to put into the Green Folder in the office.

PLEASE DO NOT LEAVE YOUR COMPLETED FORM ANYWHERE ELSE BUT THE FRONT DESK WITH STAFF!! Your Form will be kept confidential and entered into the Computer in case of an Emergency. We particularly appreciate your naming a family member that can be contacted and also who has knowledge of where a key can be obtained (WE DO NOT WANT A KEY) Gerrie Purcell (09/12/26)

NEIGHBORS HELPING NEIGHBORS: INQUIRIES AND PHONE CALLS RE ASSISTING RESIDENTS:

Please call the AREA CANVASSERS...FIRST.. Sheets of Names and Areas are in the locked Cabinet in the Breezeway near the Large Bulletin Boards.

If unable to reach or get in touch with the Canvassers, then call:

DATA PROCESSERS:

Nov. to May: Lynn Voccia 207-423-6479

June to Oct: Olga Taylor 201-668-7532

NHN E.R. Forms Coordinator: Gerrie Purcell
508-454-9596

HONORING VETERANS

The Veterans Club in SLCCV is an active group of men and women who have served our nation in all branches of the armed forces except the recently formed Space Force.

Everyone is invited to the November 11th service where all veterans are recognized as party of their particular branch of service.

We are honored to have such a dedicated group of veterans as part of our community!

SLCCV VILLAGE CART

The Village Cart welcomes new residents with a gathering of representatives from many of the groups and clubs so they can hear about the variety of activities available to them in SLCCV.



LIBRARY & PUZZLES

LIBRARY is all on the Honor System. Please put returned or donated books only on the table. Please do not shelve them.

**Also, no yellowed, moldy or books that appear worn or brown...please take them back with you.

PLACE IN YOUR RECYCLES.

If you have a large amount of books to donate, please call JILL MILLER 772-469-6076 OR NANCY SQUIRES 561-308-7855 FIRST.

PUZZLES in closed cabinets in the Billiard Room.

Only Puzzles that have NO missing pieces. Please do not leave on top of counter.

If you would like to volunteer in the library, please call Jill or Nancy.



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SLCCV COMMUNITY OBSERVATION PATROL, C.O.P.

We regret to inform everyone that Dorothy Zanaglio went home to the Lord on September 15th. She finally succumbed to the myriad of internal injuries that she suffered when her golf cart was struck by an SUV driven by an SLCCV resident. Her daughter, Sherry, thanks everyone for the prayers for Dorothy and her family.

We have yet to determine if we can sponsor the Annual Thanksgiving Dinner in the auditorium. We will keep you informed!

FROM THE EDITOR

This is my rant. Doesn't anyone know the Golden Rule? Why is it that there seems to be a growing number of residents who think they are entitled? To what, you ask? Entitled to speed on our narrow streets. Entitled to ignore stop signs. Entitled to steal things from the yards of other residents. Entitled to put trash in another residents' recycle bin. Entitled to let their dogs run free outside instead of keeping them on a leash when they go outside. Entitled to ignore whatever rules and regulation are published in the directory by Spanish Lakes. I know I'm probably preaching to the choir, but if you aren't a member of that choir, perhaps you should consider joining it!



My office works for you. When a federal agency loses your paperwork, stops returning calls, or tells you to prove you're still alive, my constituent services team steps in. I'm proud to share a few more stories from people across the Treasure Coast who we've helped this year.

Renee is 85 and has been living on her own since her husband passed away this spring. Then her Social Security payments stopped, and she was told she had to prove she was still alive to get them back. With her granddaughter's help, she reached out to my office. We worked the case, restored her payments, and Renee is receiving her monthly check again.

Robert spent nearly two years trying to fix a problem with his post-retirement Medicare premiums—he kept finding the same dead-end. When my team got involved, we took it directly to Social Security and Medicare, and the problem that had dragged on for two years was resolved.

A small business owner in our communities was dealing with the Small Business Administration and the Treasury over a COVID-era loan and couldn't get straight answers on where things stood. My team got the clarification the agencies never provided, so the business could stop guessing and start getting answers.

Continue to reach out with issues you're dealing with, federal agencies you can't reach, and assistance for a loved one. We are here to help you.

Congressman Brian Mast's Port Saint Lucie office is located at 121 SW Port St Lucie Blvd, Port Saint Lucie, FL 34984, local phone number, 772-336-2877.

*If you have questions, issues or problems relating to Florida, contact FL State Rep. Dana Trabulsy, District 84. Contact Info Phone: Main - 772-595-1391 Address: 3209 Virginia Ave Fort Pierce, FL 34981.

Dana has been extremely helpful to people still dealing with the aftermath of the Milton tornado in 2024.

HANDYMAN SERVICES

JOHN THERIAULT 40+ YEARS EXPERIENCE SLCCV RESIDENT

2 Ecuador Way jtbb156@gmail.com 207-751-7620

"Full Flake Driveway and Garage" FREE ESTIMATES



6 HABITS FOR HEALTHY AGING

None of us are getting any younger even though we don't want to admit it!

Here are some Golden Rules for getting healthy and maintaining ones health.

1. Stay physically active! You don't have to run a marathon. Just 10 minutes a day of intentional movement makes a difference. A 10 minute walk, gentle dancing in the kitchen when the radio is on, 10 minutes of gardening (pull a few weeds!) Remaining sedentary for 6 hours a day tells your body to shut down.
2. Eat a balanced nutrient rich diet. You don't have to buy the latest food fads. Just make sure you get a variety of good foods. Count the colors on your plate. If there are only one or two, try to add a couple more, a carrot or something green.
3. Challenge your mind! You may have had a job or profession that required a lot of thinking or problem solving. Once you have retired, those habits might disappear. As long as you don't overdo the screen time playing games on your phone or computer are one answer. Don't forget crossword puzzles or hobbies that keep you thinking!
4. Cultivate social connections! That can be easy when you live in a "retirement community". There are plenty of activities available and you can start a new group if you don't find one to your liking.
5. Prioritized getting quality sleep. As we get older our sleep habits change. When you are retired and you don't have to get up when an alarm clock goes off, try getting into the habit of getting up at the same time every day.

You'll find that your body will adjust to the routine and will actually tell you when it's ready to go to bed!

6. Manage stress and practice mindfulness. What is mindfulness, you ask. When was the last time you just sat, in the house, out on the porch or patio, and just relaxed, closing your eyes, listening to the birds or the sound of the breeze in the trees? Can you do that for 5 minutes? Leave the phone somewhere else so you don't reach for it if the notification bell dings. Don't be surprised if that 5 minutes turns into 15! It's okay!

(These suggestions are adapted from a YouTube video. If your TV has streaming, go to YouTube where you will find a plethora of topics: gardening tips, cooking videos, even how to declutter your home because no one wants your stuff, especially your children!)



Taking Back America One Citizen at a Time!

All are welcome to attend our meetings!

7:00pm (doors open at 6:30pm)

St. James the Apostle Orthodox Church Community Hall, 2201 SE Airoso Blvd., PSL

Thursday, October 1, 2026: County Updates with Commissioner Cathy Townsend.

Thursday, November 5, 2026: Guest Speaker Ingrid Ford; Faith Leader, Speaker and President of Family and Faith Advocates, Inc.,

(Paid for by the St. Lucie County T.E.A. Party)



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**Medicare Is Calling... Or Is It?
Protect Yourself from Medicare Marketing
& Enrollment Scams
Pause. Verify. Compare.**

Medicare Open Enrollment begins October 15, and the weeks leading up to it can bring an increase in advertisements, phone calls, mailings, and other messages about Medicare health and prescription drug plans.

While many Medicare plans and licensed insurance agents provide legitimate information, scammers and dishonest marketers may also use this time to target Medicare beneficiaries. They may pretend to represent Medicare, use official-looking logos or language, promise benefits that sound too good to be true, or pressure you to provide your Medicare number or make a quick enrollment decision.

Some online advertisements may also ask you to enter your name, phone number, or other information to learn about "new Medicare benefits." Be cautious. Providing your information through an unfamiliar website or advertisement could lead to additional marketing contacts or putting your personal information at risk.

Red Flags

- An unexpected caller claims to be "from Medicare" or "Medicare enrollment"
- Someone asks for your Medicare number, Social Security number, bank information, or other personal information before explaining an offer
- An agent or salesperson shows up at your home without an invitation or appointment
- Someone pressures you to enroll immediately or says you will lose your Medicare coverage if you do not switch plans
- An advertisement promises that everyone qualifies for additional money, benefits, or savings
- A website or advertisement uses government-looking logos or images to make you believe it is

- Someone asks you to pay a fee to enroll in a Medicare health or prescription drug plan

Remember:

- Medicare plan representatives generally cannot call you unless you are already a member of the plan or you permitted them to contact you.
- Agents and plan representatives cannot come to your home uninvited to sell or promote a Medicare plan.
- You should never be pressured into joining a plan or told you must enroll in a particular plan to keep Medicare coverage.
- Plans cannot require you to speak with a sales agent just to receive information about the plan.
- Medicare plan representatives cannot ask you to pay them over the phone or online. The plan must send you a bill.
- Advertisements should not use misleading Medicare logos, words, or images that make a private company appear to be Medicare.

Need Help Comparing Your Medicare Options?

You do not have to make Medicare decisions alone. Florida's SHINE (Serving Health Insurance Needs of Elders) Program provides free, unbiased Medicare counseling to help beneficiaries understand their coverage and compare available options. SHINE counselors do not sell insurance and will not tell you which company or plan to choose.

For free Medicare counseling, contact SHINE at:

- 1-800-96-ELDER (1-800-963-5337)
- Website: FloridaSHINE.org

Stay Informed

Operation Senior Shield (OSS) provides fraud alerts, scam prevention tips, and consumer protection information to help older adults across Florida recognize warning signs and avoid financial exploitation.

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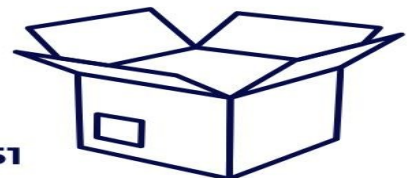
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Proverbs 22:1

A good name is to be chosen rather than great riches,
Loving favor rather than silver and gold.

SLCCV H.O.A. Officers 2026-2027:

President: Bob Heslop
Vice President: Dot Theriault
Secretary: Sue Grove
Treasurer: Joe Gormley
Communications: Deb Finn
Activities: Audrey Pedersen
Membership: Lynn Eismont

See the Directory for additional
Committee Chairpersons
Monthly Organization and Club
Meetings and Contacts

SLCCV RULES AND REGULATIONS

Please remember that these rules and regulations are written by the park owners, the Wynne Building Corporation. They are listed in the directory after the names and addresses of residents who choose to be listed in the directory. The H.O.A. and the Sheriff's Department Community Observation Patrol (C.O.P.) do not enforce any listed rules or regulations. If you have issues with them, please contact ccvconcerns@spanishlakes.com

The Village Voice is a publication of the SLCCV H.O.A. published 5 times yearly in
October, December, February, April and May

Editor: Kathleen O'Brien Helper: Gerrie Purcell

Clubs and Organizations are welcome and encouraged to submit articles of interest to the community.