

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



				1	2	3
				(LC)Chair Exercises -8am (AC)Art Studio -9-12pm (LC)Body Groove -9-10am (A)Players Club 12pm (C)Poker - 12:00pm (AC)Mahjong - 12 - 3pm (PW)The Evening Exchange - 6-7pm	(LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool Shuffleboard play - 11am (AC)Dime Bingo 11:30 (PW) Bridge - 1pm (RP)Year Rounders 1pm (RP)Free Float - 2-4pm (C)Euchre - 2-4pm (AC)Video Discussion Dinner Group 5:30	
4	5 (LC)Chair Exercises -8am Horseshoes -9am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool (C)Dime Bing -1-3pm Shuffleboard play - 11am (AC)Mahjong -12-3pm (AC)Ceramics -9-Noon (A) BINGO TBD (AC)Pinochle - 5pm (L)Yoga -6-7pm	6 (LC)Chair Exercises -8am (AC)Quilting -9am (C)Euchre -2-4pm (LC)Body Groove -9-10am (LC)Chair Yoga - 10-11am (C)Poker - 12:00 (C)Rummikub - 6pm (AC)Payback - 6pm	7 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool (AC)Art Studio -9-12pm (AC)Mens golf mtg - 10:30 (PW)Pinochle - 5pm	8 (LC)Chair Exercises -8am (AC)Art Studio -9-12pm (LC)Body Groove -9-10am (LC)Chair Yoga - 10-11am (A)Players Club 12 (C)Poker - 12:00 (AC)Mahjong - 12 - 3pm (PW)The Evening Exchange - 6-7pm (AC)Michigan Club 5pm	9 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool First Light Event - 10:30 Shuffleboard play - 11am (AC)Dime Bingo 11:30 (PW) Bridge - 1pm (RP)Free Float - 2-4pm (C)Euchre - 2-4pm (AC)Video Discussion Dinner Group 5:30 Pineapple Playhouse -6pm	10
11	12 (LC)Chair Exercises -8am Water Aerobics -9:00-9:45 Resident Pool (LC)Stretchercise -9-10am Horseshoes -9am (C)Dime Bing -1-3pm Shuffleboard play - 11am (AC)Mahjong -12-3pm (AC)Ceramics -9-Noon (A) BINGO TBD (AC)Pinochle - 5pm (L)Yoga -6-7pm	13 (LC)Chair Exercises -8am (AC)Quilting -9am (c)Euchre -2-4pm (LC)Body Groove -9-10am (LC)Chair Yoga - 10-11am (C)Poker - 12:00 (A)COP mtg - 1-3pm (A)Dart Club - 5pm (C)Rummikub - 6pm (AC)Payback - 6pm	14 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am (A)Ladies Golf Mtg. 10:30 (A)Pickleball Mtg. 3:30 (A)Veterans Club 6pm Water Aerobics -9:00-9:45 Resident Pool (AC)Art Studio -9-12pm (CR)Loose Change- 3pm (AC)Pinochle - 5pm	15 (LC)Chair Exercises -8am (PW)Shuffleboard Meeting- 8am (AC)Art Studio -9-12pm (A)Players Club 12 (LC)Body Groove -9-10am (LC)Chair Yoga - 10-11am (C)Poker - 12:00 (AC)Mahjong - 12 - 3pm (PW)The Evening Exchange - 6-7pm	16 (LC)Chair Exercises -8am Water Aerobics -9:00-9:45 Resident Pool (LC)Stretchercise -9-10am Shuffleboard play - 11am (AC)Dime Bingo 11:30 (PW) Bridge - 1pm (C)Euchre - 2-4pm (RP)Free Float - 2-4pm (AC)Video Discussion Dinner Group 5:30	17 (A) Ian Lan & the Whippersnappers Mountain Boys 12:00-3:00 (PW) District Shuffleboard meeting - 1:00pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool Horseshoes -9am (C)Dime Bing -1-3pm (AC)Ceramics -9-Noon Shuffleboard play - 11am (AC)Mahjong -12-3pm (L)Tennis Board Mtg. 2:30 (A)Tennis Mtg. 3pm (A)BINGO TBD (AC)Pinochle -5m (LC)Yoga -6-7pm	20 (LC)Chair Exercises -8am (AC)Quilting -9am (L)Body Groove -9-10am (L)Chair Yoga - 10-11am (C)Poker - 12:00pm (C)Euchre -2-4pm (P)Scrabble - 6:30pm (C)Rummikub - 6pm (AC)Payback 6pm	21 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool (A)Bocce Mtg. 3:30pm (AC)Art Studio -9-12pm (A)Joy Club 5pm (AC)Pinochle -5pm	22 (LC)Chair Exercises -8am (AC)Art Studio -9-12pm (LC)Body Groove -9-10am (LC)Chair Yoga - 10-11am (C)Poker - 12:00pm (A)Players Club 12pm (AC)Mahjong - 12 - 3pm (PW)The Evening Exchange - 6-7pm	23 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool (AC)Dime Bingo 11:30 (PW)Bridge - 1-3pm shuffleboard play - 11am (C)Euchre - 2-4pm (RP)Free Float - 2-4pm (A)Appleknockers 5pm (AC)Video Discussion Dinner Group 5:30	24
25	26 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool Horseshoes -9am (C)Dime Bing -1-3pm (AC)Ceramics -9-Noon (AC)Suffleboard Mtg. 2 Shuffleboard play - 11am (AC)Mahjong -12-3pm (A)BINGO TBD (AC)Pinochle -5m (LC)Yoga -6-7pm	27 (LC)Chair Exercises -8am (AC)Quilting -9am (C)Euchre -2-4pm (L)Body Groove -9-10am (L)Chair Yoga - 10-11am (C)Poker - 12:00pm (C)Rummikub - 6pm (AC)Payback - 6pm	28 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool (AC)Art Studio -9-12pm (CR)Loose Change - 3pm (AC)Pinochle -5pm (A)HOA Meeting 7pm	29 (LC)Chair Exercises -8am (AC)Art Studio -9-12pm (LC)Body Groove -9-10am (LC)Chair Yoga - 10-11am (C)Poker - 12:00pm (A)Players Club 12pm (AC)Mahjong - 12 - 3pm (PW)The Evening Exchange - 6-7pm (L)Book Club 7pm	30 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool Shuffleboard play - 11am (AC)Dime Bingo 11:30 (PW)Bridge - 1-3pm (C)Euchre - 2-4pm (RP)Free Float - 2-4pm (AC)Video Discussion Dinner Group 5:30	31 (PL)Halloween Golf Cart Parade 2:00 (A)HOA Halloween Dance 7-10pm
			A -Auditorium AC - Arts & Crafts Room LC - Longevity Center P - Pow Wow Room C - Card Room PL - Parking Lot RP - Resident Pool L - Lounge	Activities Contact information Rec Department: Judie O'Donnell (772)466-0777 Euchre: Sheila Hamilton (248)622-6556 Ceramics: Linda (772)480-0798 Quilting: Sue (360)903-3633 Art Club: Donna Retchless (360)903-3633 Thursday Evening Exchange Book Study: Nick Mariano (992)448-8635 Friday Video Study: Becki Clymer (484)809-8110 Stretchercise Class: Judy Jordan (804)502-0771 Year Rounders: Patti (516) 315-2762 or Jeanna (219)508-8531 Water Aerobics: Donna Ventura (772)519-8842		