

September

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

A - Auditorium AC - Arts & Crafts Room LC - Longevity Center P - Pow Wow Room C - Card Room PL - Parking Lot RP - Resident Pool L - Lounge		1 (LC)Chair Exercises -8am (AC)Quilting -9am (C)Euchre -2-4pm (LC)Body Groove -9-10am (LC)Chair Yoga - 10-11am (C)Poker - 12:00 (C)Rummikub - 6pm (AC)Payback - 6pm	2 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool (AC)Art Studio -9-12pm (CR)Loose Change- 3pm (PW)Pinochle - 5pm	3 (LC)Chair Exercises -8am (AC)Art Studio -9-12pm (L)Body Groove -9-10am (C)Poker - 12:00 (AC)Mahjong - 12 - 3pm (PW)The Evening Exchange - 6-7pm	4 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool Shuffleboard play - 11am (AC)Dime Bingo 11:30 (PW) Bridge - 1pm (RP)Year Rounders 1pm (RP)Free Float - 2-4pm (C)Euchre - 2-4pm (AC)Video Discussion Dinner Group 5:30	5
6	7 (LC)Chair Exercises -8am Water Aerobics -9:00-9:45 Resident Pool (LC)Stretchercise -9-10am Horseshoes -9am (C)Dime Bing -1-3pm Shuffleboard play - 11am (AC)Mahjong -12-3pm (AC)Ceramics -9-Noon (A) BINGO TBD (AC)Pinochle - 5pm (L)Yoga -6-7pm	8 (LC)Chair Exercises -8am (AC)Quilting -9am (c)Euchre -2-4pm (LC)Body Groove -9-10am (LC)Chair Yoga - 10-11am (C)Poker - 12:00 (A)COP mtg - 1-3pm (C)Rummikub - 6pm (AC)Payback - 6pm	9 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool (AC)Art Studio -9-12pm (CR)Loose Change- 3pm (AC)Pinochle - 5pm	10 (LC)Chair Exercises -8am (PW)Shuffleboard Meeting- 8am (AC)Art Studio -9-12pm (LC)Body Groove -9-10am (C)Poker - 12:00 (AC)Mahjong - 12 - 3pm (A)Spaghetti Dinner 5:00 (PW)The Evening Exchange - 6-7pm	11 (LC)Chair Exercises -8am Water Aerobics -9:00-9:45 Resident Pool (LC)Stretchercise -9-10am Shuffleboard play - 11am (AC)Dime Bingo 11:30 (PW) Bridge - 1pm (C)Euchre - 2-4pm (RP)Free Float - 2-4pm (AC)Video Discussion Dinner Group 5:30	12

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	14 (L)Chair Exercises -8am (L)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool Horseshoes -9am (C)Dime Bing -1-3pm (AC)Ceramics -9-Noon Shuffleboard play - 11am (AC)Mahjong -12-3pm (A)BINGO TBD (AC)Pinochle -5m (L)Yoga -6-7pm	15 (LC)Chair Exercises -8am (AC)Quilting -9am (L)Body Groove -9-10am (L)Chair Yoga - 10-11am (C)Poker - 12:00pm (C)Euchre -2-4pm (P)Scrabble - 6:30pm (C)Rummikub - 6pm (AC)Payback 6pm	16 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool (AC)Art Studio -9-12pm (AC)Pinochle -5pm	17 (LC)Chair Exercises -8am (AC)Art Studio -9-12pm (LC)Body Groove -9-10am (LC)Chair Yoga - 10-11am (C)Poker - 12:00pm (AC)Mahjong - 12 - 3pm (PW)The Evening Exchange - 6-7pm	18 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool (AC)Dime Bingo 11:30 (PW)Bridge - 1-3pm shuffleboard play - 11am (C)Euchre - 2-4pm (RP)Free Float - 2-4pm (AC)Video Discussion Dinner Group 5:30	19 (A)Neighborhood Flea Market
20	21 (L)Chair Exercises -8am (L)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool Horseshoes -9am (C)Dime Bing -1-3pm (AC)Ceramics -9-Noon Shuffleboard play - 11am (AC)Mahjong -12-3pm (A)BINGO TBD (AC)Pinochle -5m (L)Yoga -6-7pm	22 (L)Chair Exercises -8am (AC)Quilting -9am (C)Euchre -2-4pm (L)Body Groove -9-10am (L)Chair Yoga - 10-11am (C)Poker - 12:00pm (C)Rummikub - 6pm (AC)Payback - 6pm	23 (L)Chair Exercises -8am (L)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool (AC)Art Studio -9-12pm (CR)Loose Change - 3pm (AC)Pinochle -5m	24 (L)Chair Exercises -8am (AC)Art Studio -9-12pm (L)Body Groove -9-10am (L)Chair Yoga - 10-11am (C)Poker - 12:00pm (AC)Mahjong - 12 - 3pm (PW)The Evening Exchange - 6-7pm (L)Book Club 7pm	25 (LC)Chair Exercises -8am (LC)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool Shuffleboard play - 11am (AC)Dime Bingo 11:30 (PW)Bridge - 1-3pm (A)Boogie Woogie Happy Hour (C)Euchre - 2-4pm (RP)Free Float - 2-4pm (AC)Video Discussion Dinner Group 5:30	26
27	28 (L)Chair Exercises -8am (L)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool Horseshoes -9am (C)Dime Bing -1-3pm (AC)Ceramics -9-Noon Shuffleboard play - 11am (AC)Mahjong -12-3pm (A)BINGO TBD (AC)Pinochle -5m (L)Yoga -6-7pm	29 (L)Chair Exercises -8am (AC)Quilting -9am (C)Euchre -2-4pm (L)Body Groove -9-10am (L)Chair Yoga - 10-11am (C)Poker - 12:00pm (C)Rummikub - 6pm (AC)Payback - 6pm	30 (L)Chair Exercises -8am (L)Stretchercise -9-10am Water Aerobics -9:00-9:45 Resident Pool (AC)Art Studio -9-12pm (CR)Loose Change - 3pm (A)HOA Meeting 7pm (AC)Pinochle -5pm	Activities Contact information Rec Department: Judie O'Donnell (772)466-0777 Euchre: Sheila Hamilton (248)622-6556 Ceramics: Linda (772)480-0798 Quilting: Sue (360)903-3633 Art Club: Donna Retchless (360)903-3633 Thursday Evening Exchange Book Study: Nick Mariano (992)448-8635 Friday Video Study: Becki Clymer (484)809-8110 Stretchercise Class: Gerrie (508)454-9596 Year Rounders: Patti (516) 315-2762 or Jeanna (219)508-8531 Water Aerobics: Donna Ventura (772)519-8842		