

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



7	1	2	3	4	5	6
	(LC)Chair Exercises -8am Water Aerobics -9:00-9:45 Resident Pool (LC)Stretcherise -9-10am Horseshoes -9am (C)Dime Bing -1-3pm (A)NHN Mtg - 1-2pm (AC)Ceramics -9-Noon Shuffleboard Play 11am (AC)Mahjong -12-3pm (AC)Pinochle - 5pm (A)Bingo - 4:30-8pm (LC)Yoga -6-7pm	(LC)Chair Exercises -8am (AC)Quilting -9am (C)Euchre -2-4pm (LC)Body Groove -9-10am (LC)Chair Yoga - 10-11am (C)Poker - 12:00 (A)Pool Committee (C)Rummikub - 6pm (AC)Payback - 6pm	(LC)Chair Exercises -8am Water Aerobics -9:00-9:45 Resident Pool (LC)Stretcherise -9-10am (AC)Art Studio -9-12pm (CR)Loose Change- 3pm (PW)Pinochle - 5pm (CR) TUK - 6pm (A)Veterans Mtg - 6pm	(LC)Chair Exercises -8am (AC)Art Studio -9-12pm (L)Body Groove -9-10am (PW)Bible Study - 10am (LC)Chair Yoga - 10-11am (AC)Mahjong - 12 - 3pm (PW)Bible Study - 6-7pm	(LC)Chair Exercises -8am (LC)Stretcherise -9-10am Water Aerobics -9:00-9:45 Resident Pool (AC)Dime Bingo 11:30-1:30 (PW) Bridge - 1pm Shuffleboard Play 11am (RP)Free Float - 2-4pm (AC)hat craft - 4-6pm (C)Euchre - 2-4pm	
7	8	9	10	11	12	13
	(LC)Chair Exercises -8am Water Aerobics -9:00-9:45 Resident Pool (LC)Stretcherise -9-10am Horseshoes -9am (C)Dime Bing -1-3pm (AC)Mahjong -12-3pm (AC)Ceramics -9-Noon Shuffleboard Play 11am (A)Bingo - 4:30-8pm (AC)Pinochle - 5pm (L)Yoga -6-7pm	(LC)Chair Exercises -8am (AC)Quilting -9am (c)Euchre -2-4pm (LC)Body Groove -9-10am Bocce Play -9-3pm (LC)Chair Yoga - 10-11am (C)Poker - 12:00 (A)COP mtg - 1-3pm (C)Rummikub - 6pm (AC)Payback - 6pm	(LC)Chair Exercises -8am Water Aerobics -9:00-9:45 Resident Pool (LC)Stretcherise -9-10am (AC)Art Studio -9-12pm (A) Veterans Club 6pm (AC)Pinochle - 5pm	(LC)Chair Exercises -8am (PW)Shuffleboard Meeting- 8am (AC)Art Studio -9-12pm Bocce Play -9-3pm (PW)Bible Study - 10am (LC)Body Groove -9-10am (LC)Chair Yoga - 10-11am (AC)Mahjong - 12 - 3pm (A)Players Club - 12pm (PW)Bible Study - 6-7pm	(LC)Chair Exercises -8am Water Aerobics -9:00-9:45 Resident Pool (LC)Stretcherise -9-10am (AC)Dime Bingo 11:30-1:30 (PW) Bridge - 1pm Shuffleboard Play - 11am (C)Euchre - 2-4pm (RP)Free Float - 2-4pm	

