



# Village Voice



## Letter from the H.O.A. President

Happy Easter and Happy springtime to everyone. It's hard to believe we are approaching the end of another season here at Country Club.

I wish I were able to tell you there has been some improvement in our relationship with park owners, but I am sorry to report, I don't have news of that sort. The lawsuit drags on and on and although it is the source of most of our problems with them, it remains the only viable means of ultimately fixing things. We will keep you informed of progress at meetings and through Facebook posts.

The community suffered great loss with the tornados, now almost a year and a half ago. Wynne Building has turned the construction of new homes over to Holiday Home Builders and they have three new homes nearing completion and a fourth which they will be using as a sales office. From what I can tell they build homes of good quality and homes which are priced to sell. I had some concerns about the impact their homes might have on the resale value of CBS homes here in Country Club. They are cheaper and have fixed lifetime rent, but the fact that they are smaller and not suitable for everyone may reduce that impact, we'll have to wait and see.

For those who will be heading north, we hope you have safe travels and we hope you enjoy a wonderful summer wherever you go. We look forward to seeing you all back here next season.

*Bob Heslop, SLCCV HOA President*



## From the Editor

As you can see by the header this is the 43<sup>rd</sup> volume of the Village Voice since SLCCV opened in 1982. The first phase encompassed the ring road of Calle de Lagos with side-streets named alphabetically beginning at the four-way stop sign with Azul. This continues around the circle as far as Rio de Palmas with the alphabetical names San Luis Obispo through Vista de Laguna beginning at the three-way stop sign at the entrance. That's where the alphabetical gets a little out of order. Grande Camino Way was originally the loop that began and ended on Calle de Lagos. When the second phase of SLCCV was created, the street names ended in "del Norte" and ran off the loop of Lagos del Norte. At that time Grande Camino Way street numbers were eliminated from the northern intersection with Calle de Lagos and renumbered as Lagos del Norte.

The Village Voice was created by the H.O.A. board, written and printed on a mimeograph machine, only a few legal size sheets of paper. The newsletter evolved into a five issues, a 12-page publication, Times New Roman font, 12pt size as decided by the board. Times have changed. It's been an institution here with 600 copies printed in the winter months, distributed in the clubhouse, often running out before the next issue. Now we put it on the H.O.A. website and print a much smaller number of copies to distribute at the monthly meetings.

Longtime resident Carol Fensterer was the editor for many years, possibly the third one, holding collating and stapling parties in the auditorium. She recently moved north where she is getting used to living a different senior lifestyle in her own apartment. She told me that she exercises a lot so she won't become like so many residents shuffling with walkers and wheelchairs. When Carol retired from putting together the Village Voice, I volunteered because I had been helping her since 2010, and because no one else was interested. Some day I will want to retire, too, and I hope that the Village Voice will find a new editor.

**The Heated Guest Pool Committee**  
**THANK YOU MESSAGE**

Submitted by Deb Richwien, March 17, 2026

We recently had our 6th Annual Rummage Sale to benefit heating the Guest Pool. The Guest Pool Committee is so grateful for the support of SLCCV Community in this very labor intensive event. The saying "it takes a Village" certainly is true when putting together our Rummage Sale! I can't begin to guess the hundreds of hours that go into this one event! Starting with all of you who make donations so that your "junk" is now someone else's treasurer! The Pool Committee has done this for 6 years in a row and this year with your help, we made about \$4,000. The rummage sale has been our biggest annual fundraiser, but it is by far the most work! As such, we've decided to NOT have a rummage sale next year. We want to take the time to thank the DEDICATED people who helped make this possible –by storing items, transporting items to/from cage & garages, sorting thru items donated, pricing, selling, setting up & breaking down for 3 pre-sale events, support on Saturday for the "main sale" and Nutrition 4 Neighbors volunteers that always provides amazing food for sale. After the sale is the final packing up, hauling away & cleaning up! And this year we had the added challenge of working Friday-Sunday with NO A/C in the Clubhouse!

Know that we appreciate all your help! We COULD NOT HAVE DONE THIS without YOU! HUGE THANKS to all who donated items and to the hard working volunteers listed below:

- The Pool Committee: Debbie Pineda, Bonnie Peters, Paula Wheatley, Donna Tarasek, Deb Soares & Deb Richwien
- This year's Volunteers: Adrian Pineda, John Peters, Ed Tarasek, Lynda Perkins, Pat Keller, Paula Wheatley's daughter Andrea, Carmella Kasmarik, Lisa Cherry, Patti O'Neil, Judy Strouth, Carol Heslop, Leandra Jordon, Darlene Viella, Stacy & Paul Houghton, Sandi Frank, Patty Daniels, Pattie Seitz, Paula Powers, John Knauss, Emilio Canvaretta, Liz

English, Mike James, Patti Curran for our raffle, and last but not least, JoAnn Camino & Trish Getzewich and their volunteers with N4N for insuring we have a good meal & food to go in the Cantina with NO A/C! I hope we've not missed anyone, but with so many involved, it's highly possible & we apologize if we did. It's the dedicated people in our "Country Club Village" that have made this event possible for 6 years.

Thank you all so very much!

**SLCCV VILLAGE CART**



The Village Cart is our version of a Welcome Wagon. New residents will be invited to the gathering of representatives from many of the groups and clubs so they can hear about the variety of activities available to them. If you have any questions about the Village Cart or would like to volunteer to help out, please call Marianne Hoag, (c)413-358-5352.

**LIBRARY & PUZZLES**

**LIBRARY** is all on the Honor System. Please put returned or donated books only on the table. Please do not shelve them.

\*\*Also, no yellowed, moldy or books that appear worn or brown...please take them back with you. PLACE IN YOUR RECYCLES.

If you have a large amount of books to donate, please call JILL MILLER 772-469-6076 OR NANCY SQUIRES 561-308-7855 FIRST.

**PUZZLES** in closed cabinets in the Billiard Room. Only Puzzles that have NO missing pieces. Please do not leave on top of counter.

If you would like to volunteer in the library, please call Jill or Nancy.



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### ICYDK

“In Case You Didn’t Know” or ICYMI “In Case You Missed IT” (It’s no wonder no one bothers to spell things out!

Anyway, the Indrio Post in the plaza now has a very nice array of gift items and fresh baked goods!

### LIBRARY UPDATE

Just to let all residents know all books that have been filed by POPULAR AUTHORS’ COLLECTIONS have now been relocated to the center shelves in the library. They had been all over for the last while. Now they are all in one area. All other shelving remains the same. The books that were in the center shelving are now situated on the shelves that hold Biography, Western's and Large Print books. We will try this out and see how it works. Thank you!



## VIETNAM VETERANS OF AMERICA...

PICK UP DONATIONS Every MONDAY in OUR VILLAGE at YOUR HOME. Can leave up to 5 boxes or 5 bags YOU MUST CALL THEM AHEAD 800-775-8387.

Label your donations "VVA Pickup", so their driver will know what to pickup. They pick up "Rain or Shine" 8:00 a.m. to 5:00 p.m.

The donations are sold to thrift stores and the money received from the sale of the goods is used to fund their programs. However, VVA also sponsors a program that provides vouchers to veterans in need of household items and clothing that can be used at the thrift stores we contract with.

Vietnam Veterans of America (VVA) reports reasonable overhead and program spending in its annual financial documents, Vietnam Veterans of America reported spending 69% of its expenses on programs in fiscal 2017.

The [Vietnam Veterans of America](#) needs your generous support. Our drivers do not accept cash donations, but we will pick up a variety of household goods including:

- – Clothing of all types (*men women's and children*)
- – Clothing accessories – purses, belts, ties, wallets
- – Shoes (*all kinds*)
- – Baby items
- – Housewares, glassware, and home decor
- – **Books, DVDs, toys, bikes**
- – Stereos, radios and other working electronics
- – Bedding, linens, draperies, curtains
- – Kitchenware
- – Usable small furniture & rugs
- – Small appliances
- – Tools (*all kinds*)
- – Jewelry and unopened cosmetics



## HANDYMAN SERVICES

JOHN THERIAULT 40+ YEARS EXPERIENCE, SLCCV RESIDENT

2 Ecuador Way

jtbb156@gmail.com

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## STILL NOT ADJUSTING TO D.S.T.?

It's easy to assume that earlier generations slept more easily than we do today, untroubled by modern stress, artificial lighting, and digital overload. But people in the Victorian era — living at the dawn of industrial modernity — would have recognized much of our anxiety. They worried intensely about sleep, and advice on how to obtain it filled newspapers, magazines, and medical manuals. In 1900, British neurologist William Broadbent wrote, "Sleeplessness is one of the torments of our age and generation." Meanwhile, the popular *Cassell's Family Magazine* frequently ran articles with titles such as "On Sleep and Nervous Unrest" and "Why Can't I Sleep?"

For many Victorians, sleep was not just a biological process. It was also understood as a moral, emotional, and mental discipline, shaped by religious beliefs and emerging medical theories about the nervous system. Good sleep, experts argued, depended on calm habits, emotional restraint, and mental order. Restlessness, anxiety, and overstimulation were seen as obstacles to both health and character.



### They Went to Bed Early:

The Victorian era stretched across more than 60 years (Queen Victoria reigned from 1837 to 1901) and encompassed wide differences in class, occupation, and geography. Naturally, sleep habits varied between rural and urban households, between working families and the wealthy, and across the seasons. But for most people, natural light was the primary regulator of daily life, and Victorian daily schedules followed daylight far more closely than our modern routines. Before electric lighting became common in the late 19th century, evenings tended to end early, not long after dark. Oil lamps, candles, and gaslight were expensive, dim, and labor-intensive,

encouraging households to wind down after supper, typically eaten between 5:30 p.m. and 7 p.m.

Evenings were spent reading, sewing, writing letters, or in quiet conversation before bed. In working- and middle-class households, bedtime commonly fell between 8 p.m. and 10 p.m., often earlier in winter. Among the upper and upper-middle classes, urban social life could stretch later, especially for formal dinners and parties, but these late nights remained occasional rather than routine.

Morning schedules were shaped by work and daylight. Rural laborers often rose before dawn, especially during planting and harvest seasons, while urban workers and domestic servants typically began their days early as well, with shifts starting between 6 a.m. and 8 a.m. As a result, most Victorians rose between 5 a.m. and 6:30 a.m., depending on the season and their occupation. For many families, especially outside major cities, this rhythm produced nights of roughly eight to nine hours in bed, even longer in winter — though these extended nights were not designed for uninterrupted sleep.

### They Woke Up at Night:

Instead of a single, uninterrupted stretch of rest, many Victorians followed what historians call segmented or biphasic sleep. After going to bed, they slept for roughly three to four hours — known as the "first sleep." They then woke naturally around midnight and remained awake for an hour or more before returning to bed for a "second sleep," lasting until morning.

This waking interval was not treated as insomnia. In fact, it was widely regarded as normal and even beneficial. People prayed, reflected, talked quietly, read by candlelight, checked the fire, or tended animals and household tasks. Religious writers saw it as an ideal time for spiritual contemplation, while physicians believed the mind was less overstimulated and more receptive during these hours.

It was only in the late 19th and early 20th centuries — as artificial lighting, factory schedules, and later bedtimes compressed the night — that the concept of eight uninterrupted hours of sleep became the cultural expectation. In total, Victorians likely slept seven to eight hours a night, much like today, but it was divided into two distinct phases.



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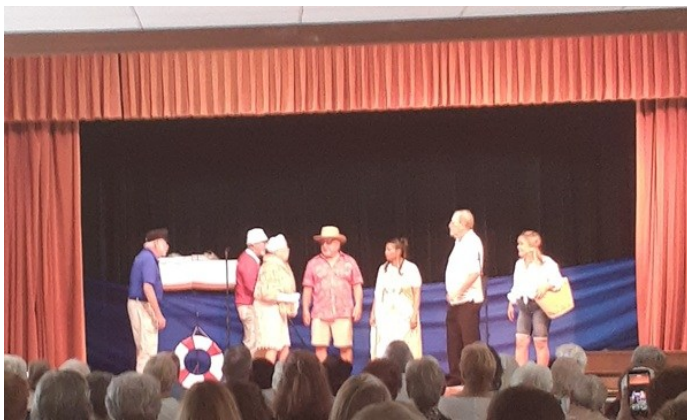
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## SLCCV PLAYERS CLUB 2026

Kudos to the amazing members of the Players Club. Once again they entertained us with memories of days gone by. From solos, original music, Laugh-In windows, the Artie Johnson "Dirty Old Man" and ensemble groups to the memorable "Gilligan's Island" skit, our players had us laughing and maybe even crying a little bit. There is new talent among the group and the stage crew that is a joy to behold. There's probably even more talent here in SLCCV and anyone who would like to be part the group is welcome to join.

And for everyone else, be sure to see the show next year. You won't be disappointed!



## SLCCV COMMUNITY OBSERVATION PATROL, C.O.P.

If you would like to join our group, please contact John Morton, number is in the directory. House check forms are in the file cabinet between the restrooms in the clubhouse hallway across from the vending machines. If you give us a form, please call John Morton or Kathleen O'Brien when you have returned home or if you are changing your return date.

## UPCOMING H.O.A. MEETINGS

April 29, 2026	January 27, 2027
September 30, 2026	February 24, 2027
October 28, 2026	March 31, 2027
December 9, 2026	April 28, 2027

Current membership is 425 residents and the membership committee is in the middle of a door-hanger campaign to increase our numbers.

## NEIGHBORS HELPING NEIGHBORS

Azul, Buenos Aires, 1-22 Calle de Lagos, 181-187 Calle de Lagos, San Felipe, Tosca, 1-63 Vista de laguna and Villa Maria are looking for Area Canvassers.

All of part of these Areas can be claimed..... Full Time or Part Time Residents.

If your home does not have a Canvasser assigned, please just pick up a blank Emergency Form. You can find them in the Clubhouse between the Restrooms. Fill out and hand to STAFF ONLY.

These emergency forms are a vital part of ensuring the safety of our residents!

Thank you for participating.

# INDRIO POST

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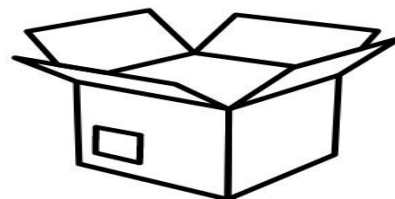
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### SLCCV H.O.A. Officers 2026-2027:

President: Bob Heslop  
Vice President: Dot Theriault  
Secretary: Sue Grove  
Treasurer: Joe Gormley  
Communications: Deb Finn  
Activities: Audrey Pedersen  
Membership: Lynn Eismont

See the Directory for additional  
Committee Chairpersons  
Monthly Organization and Club  
Meetings and Contacts

### SLCCV RULES AND REGULATIONS

Please remember that these rules and regulations are written by the park owners, the Wynne Building Corporation. They are listed in the directory after the names and addresses of residents who choose to be listed in the directory. The H.O.A. and the Sheriff's Department Community Observation Patrol (C.O.P.) do not enforce any listed rules or regulations. If you have issues with them, please contact [ccvconcerns@spanishlakes.com](mailto:ccvconcerns@spanishlakes.com)

The Village Voice is a publication of the SLCCV H.O.A. published 5 times yearly in  
October, December, February, April and May

Editor: Kathleen O'Brien Helper: Gerrie Purcell

Clubs and Organizations are welcome and encouraged to submit articles of interest to the community.