

Sunday**Monday****Tuesday****Wednesday****Thursday****Friday****Saturday****1**

(L)Chair Exercises -8am
 (L)Stretchercise -9-10am
 Water Aerobics -9:30-10:15
 Resident Pool
 (AC)Art Studio -9-12pm
 (A)Mens Golf Mtg - 11am
 (AC)Pinochle - 5pm
 (C)TUK Night - 6pm

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(L)Chair Exercises -8am
 Water Aerobics -9:30-10:15
 Resident Pool
 (PW)Bible Study - 10am
 (AC)Art Studio -9-12pm
 (L)Body Groove -9-10am
 (L)Chair Yoga - 10-11am
 (AC)Mahjong - 12 - 3pm
 (A)Players Club - 12pm
 (AC)Bible Study - 6-7pm

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(L)Chair Exercises -8am
 (L)Stretchercise -9-10am
 (RP)Water Aerobics -9:30-10:15
 (A)Line Dancing - 10-11
 Halloween Dance Rehearsal
 11-11:30 (A)
 (AC)Dime Bingo - 11:30-1:30
 (PW) Bridge - 1pm
 (RP)Year Rounders - 1-3
 (RP)Free Float - 2-4pm
 (C)Eucchre - 2-4pm
 (AC)Bible Study - 5:30pm

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(L)Chair Exercises -8am
 (L)Stretchercise -9-10am
 Horseshoes -9am
 Water Aerobics -9:30-10:15
 Resident Pool
 (C)Dime Bing -1-3pm
 (AC)Ceramics -9-Noon
 Shuffleboard Play 1:15
 (AC)Mahjong -12-3pm
 (AC)Pinochle - 5pm
 (A)Bingo - 4:30-8pm
 (L)Yoga -6-7pm

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(L)Chair Exercises -8am
 (AC)Quilting -9am
 (C)Eucchre -2-4pm
 (L)Body Groove -9-10am
 (L)Chair Yoga - 10-11am
 (A)Line Dancing - 10-11
 (A)Ntnl Night Out - 1-3pm
 (C)Poker - 12:30
 (C)Rummikub - 6pm
 (A)Payback - 6pm

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(L)Chair Exercises -8am
 (L)Stretchercise -9-10am
 (AC)Art Studio -9-12pm
 Water Aerobics -9:30-10:15
 Resident Pool
 (A)Ladies Golf Mtg. - 10:30
 (A)Pickleball Mtg. - 3:30
 (AC)Pinochle - 5pm
 (A)Veterans Mtg. - 7pm

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(L)Chair Exercises -8am
 Water Aerobics -9:30-10:15
 Resident Pool
 (AC)Art Studio -9-12pm
 (L)Body Groove -9-10am
 (PW)Bible Study - 10am
 (L)Chair Yoga - 10-11am
 (A)Memorial - 11-12pm
 (A)Players Club - 12pm
 (AC)Mahjong - 12 - 3pm
 (AC)Michigan Club - 5-6pm
 (AC)Bible Study - 6-7pm

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(L)Chair Exercises -8am
 (L)Stretchercise -9-10am
 Water Aerobics -9:30-10:15
 Resident Pool
 (A)Line Dancing - 10-11
 Halloween Dance Rehearsal
 11-11:30 (A)
 (AC)Dime Bingo - 11:30-1:30
 (PW) Bridge - 1pm
 Shuffleboard Play 1:15
 (RP)Free Float - 2-4pm
 (C)Eucchre - 2-4pm
 (AC)Bible Study - 5:30pm

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(A)Residents Flea Market
 9am-1pm

12

(A) Trivia Night - 6-8pm

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(L)Chair Exercises -8am
 (L)Stretchercise -9-10am
 Horseshoes -9am
 Water Aerobics -9:30-10:15
 Resident Pool
 (C)Dime Bing -1-3pm
 (AC)Mahjong -12-3pm
 (AC)Ceramics -9-Noon
 Shuffleboard Play 1:15
 (A)Bingo - 4:30-8pm
 (AC)Pinochle - 5pm
 (L)Yoga -6-7pm

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(L)Chair Exercises -8am
 (AC)Quilting -9am
 (c)Eucchre -2-4pm
 (L)Body Groove -9-10am
 (L)Chair Yoga - 10-11am
 (C)Poker - 12:30
 (A)COP mtg - 1-3pm
 (A)Line Dancing - 10-11
 (A)Dart Mtg - 5-8pm
 (C)Rummikub - 6pm
 (A)Payback - 6pm

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(L)Chair Exercises -8am
 (L)Stretchercise -9-10am
 (AC)Art Studio -9-12pm
 Water Aerobics -9:30-10:15
 Resident Pool
 (AC)Ceramic Craft -4pm
 (A)Bocce Mtg - 3:30pm
 (PW)Pinochle - 5pm
 (A)Joy Club Mtg - 5:30pm

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(L)Chair Exercises -8am
 Water Aerobics -9:30-10:15
 Resident Pool
 (AC)Art Studio -9-12pm
 (PW)Bible Study - 10am
 (L)Body Groove -9-10am
 (L)Chair Yoga - 10-11am
 (AC)Mahjong - 12 - 3pm
 (A)Players Club - 12pm
 (A)Southern n' Other - 5:30
 (AC)Bible Study - 6-7pm

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(L)Chair Exercises -8am
 (L)Stretchercise -9-10am
 Water Aerobics -9:30-10:15
 Resident Pool
 (A)Line Dancing - 10-11
 Halloween Dance Rehearsal
 11-11:30 (A)
 (AC)Dime Bingo - 11:30-1:30
 (PW) Bridge - 1pm
 Shuffleboard Play 1:15
 (C)Eucchre - 2-4pm
 (RP)Free Float - 2-4pm
 (AC)Bible Study - 5:30pm

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20 (L)Chair Exercises -8am (L)Stretchercise -9-10am Water Aerobics -9:30-10:15 Resident Pool Horseshoes -9am (C)Dime Bing -1-3pm (AC)Ceramics -9-Noon (AC)Mahjong -12-3pm Shuffleboard Play - 1:15 (A)Bingo - 4:30-8pm (AC)Pinochle -5m (L)Tennis Board Mtg -2:30pm (A)Tennis Mtg -3pm (L)Yoga -6-7pm	21 (L)Chair Exercises -8am (AC)Quilting -9am (L)Body Groove -9-10am (L)Chair Yoga - 10-11am (A)Line Dancing - 10-11 (C)Poker - 12:30pm (c)Eucchre -2-4pm (A)New England Club - 5pm (P)Scrabble - 6:30pm (C)Rummikub - 6pm (A)Payback - 6pm	22 (L)Chair Exercises -8am (L)Stretchercise -9-10am (AC)Art Studio -9-12pm Water Aerobics -9:30-10:15 Resident Pool (PW)Reiki -10-12pm (AC)Pinochle -5m	23 (L)Chair Exercises -8am (AC)Art Studio -9-12pm (L)Body Groove -9-10am (PW)Bible Study - 10am (L)Chair Yoga - 10-11am (AC)Mahjong - 12 - 3pm (AC)Bible Study - 6-7pm (A)Players Club - 12	24 (L)Chair Exercises -8am (L)Stretchercise -9-10am Water Aerobics -9:30-10:15 Resident Pool (A)Line Dancing - 10-11 Halloween Dance Rehearsal 11-11:30 (A) (AC)Dime Bingo - 11:30-1:30 Shuffleboard Play - 1:15 (C)Eucchre - 2-4pm (RP)Free Float - 2-4pm (AC)Bible Study - 5:30pm (A)Appleknockers - 5pm	25 (P)CECD ShuffleBoard Mtg-12-3pm (A)Bocce Pot Luck -4-9pm Mt. Dora Craft Show 10am
26 (A)Tennis Club Pot Luck 5-7pm	27 (L)Chair Exercises -8am (L)Stretchercise -9-10am Horseshoes -9am Water Aerobics -9:30-10:15 Resident Pool (C)Dime Bing -1-3pm (AC)Ceramics -9-Noon (AC)Mahjong -12-3pm (A)Bingo - 4:30-8pm (AC)Pinochle -5m (L)Yoga -6-7pm (P) Shuffleboard Mtg-2:45 Shuffleboard Play - 1:15	28 (L)Chair Exercises -8am (AC)Quilting -9am (C)Eucchre -2-4pm (L)Body Groove -9-10am (A)Line Dancing - 10-11 (L)Chair Yoga - 10-11am (C)Poker - 12:30pm (A)Dart Mtg - 5-8pm (C)Rummikub - 6pm (A)Payback - 6pm	29 (L)Chair Exercises -8am (L)Stretchercise -9-10am (AC)Art Studio -9-12pm Water Aerobics -9:30-10:15 Resident Pool (AC)Pinochle -5m (A)HOA meeting - 7pm	30 (L)Chair Exercises -8am (AC)Art Studio -9-12pm (L)Body Groove -9-10am (PW)Bible Study - 10am (L)Chair Yoga - 10-11am (AC)Mahjong - 12 - 3pm (A)Players Club - 12 (AC)Bible Study - 6-7pm (A)Travel Info Mtg 6-7pm (RL)Book Club - 7pm	31 (L)Chair Exercises -8am (L)Stretchercise -9-10am Water Aerobics -9:30-10:15 Resident Pool (A)Line Dancing - 10-11 Halloween Dance Rehearsal 11-11:30 (A) Shuffleboard Play - 1:15 (RP)Free Float - 2-4pm (PL)Halloween Golf Cart Parade 2:00 Tailgate 3:00 Roll Out (A)HOA Halloween Dance 7-10pm	

A - Auditorium
 AC - Arts & Crafts Room
 L - Longevity Center
 P - Pow Wow Room
 C - Card Room
 PL - Parking Lot
 RL - Resident Lounge
 RP - Resident Pool



Park Protocol

Activites Contact information

Rec Department: Judie O'Donnell (772)466-0777

Eucchre: Sheila Hamilton (248)622-6556

Ceramics: Linda (772)480-0798

Quilting: Sue (360)903-3633

Art Club: Donna Retchless (360)903-3633

Thursday Bible Study: Nick Mariano (992)448-8635

Friday Bible Study: Becki Clymer (484)809-8110

Morning Chair Exercises: Tana (843)522-9256

Stretchercize Class: Gerrie (508)454-9596

Year Rounders: Patti (516) 315-2762

or Jeanna (219)508-8531

GROCERY SHOPPING

Mondays at 8:00am

A grocery van which will pick you up at your home will take you to our local Publix grocery store and back to your home. Please call the clubhouse (772)466-0777 the day before to confirm your reservation. No more than 6 passengers

There is a list of drivers for airport runs, Doctor appointments etc. available at our rec desk.

PARKING

Spanish Lakes Country Club Village policies and regulations states that cars may be parked only on concrete driveways. Cars may not be partially parked on grass and roadways. This is a direct violation of policies. Please do not partially park on the grass area and roadway.

BADGES

Per CCV Policies and Regulations

Please wear your badge when visiting the clubhouse or using any of the recreational facilities or activities. Thank you.

WALKER AND WHEELCHAIR LOANERS

We are happy to provide our residents with walkers/wheelchairs on loan as needed. Please limit loan time to 30 days to accommodate all in need.

EMERGENCY EXIT

In the event of front entrance closure, please utilize the back emergency exit which is located at 1 La Puerta Del Norte. The gate will only be open when our front entrance is closed. A map is in the center of our Resident Directory.

GUEST PROTOCOL

Please make sure all of your guests are registered and issued a guest badge at the rec desk. All unregistered guests will be asked to leave the premises if they are without the proper badge. All guests must be accompanied by residents.

SWIMMING POOLS

Pools are open from 8am until dusk. Maintenance is done from 7am - 8am and residents are not permitted in the pool during this time.

POOL RULES

In addition to rules posted at pool sites, please abide by the following rules:

- Residents must always accompany their guest in the Guest Pool
- No containers are allowed in or on the pool deck
- No use of inappropriate language
- Diapers or pull-ups are not allowed in the pool
- do not use the pool if you have open wounds.
- proper swim attire is required
- no running/jumping around or in the pool
- Floats are not allowed, but you can use noodles without attached extensions